

Perks of Being a PA-ACCEL Student-Mentee

How will the PA-ACCEL Mentorship Program help students succeed?

- Personal learning experience
- Mentoring is more than just sharing knowledge – it focuses on the growth and development of students
- Acquisition of valuable academic skills, as well as lifelong and professional tools.
- Enhances success in their career by providing support in a professional, career, and emotional capacity

Revisiting Expected Program Outcomes for Students:

1. Student involvement in at least one professional experience (virtual or in-person) during academic year.
(Example: job fair, conference, networking event)
2. Building a Post-Graduation Plan with your mentor with goals and expectations to meet within your first year of being a nurse. (Example: joining a professional organization outside of graduation, earning a certain amount of CEs)
3. Successful passage of the National Comprehensive Licensure Exam (NCLEX)
4. Increased confidence level
5. Increased feeling of support and readiness to succeed in the transition to nursing school and/or future practice

Professional development opportunities –

Examples From Past Cohorts:

Nursing Student Professional Development Event

On April 6, 2022, the PA-ACCEL Mentorship Program planned an all-day virtual event to increase nursing students' confidence in their professional development and readiness to succeed in their transition to the nursing profession. There were a total of 3 sessions.

1. LEAD Professional Development Presentation
 - a. Presented by Dr. Anne Fink, Assistant Dean for College and Student Services, M. Louise Fitzpatrick College of Nursing, Villanova University
 - b. Covered topics about professionalism, strategic career mapping, interview success tips, networking
 - c. Included networking activity – “speed dating” format, students practiced elevator pitches with faculty and mentors
2. Peer Mentoring
 - a. Breakout groups, students debriefed from morning presentation

PA-ACCEL: Mentor-Mentee Toolkit

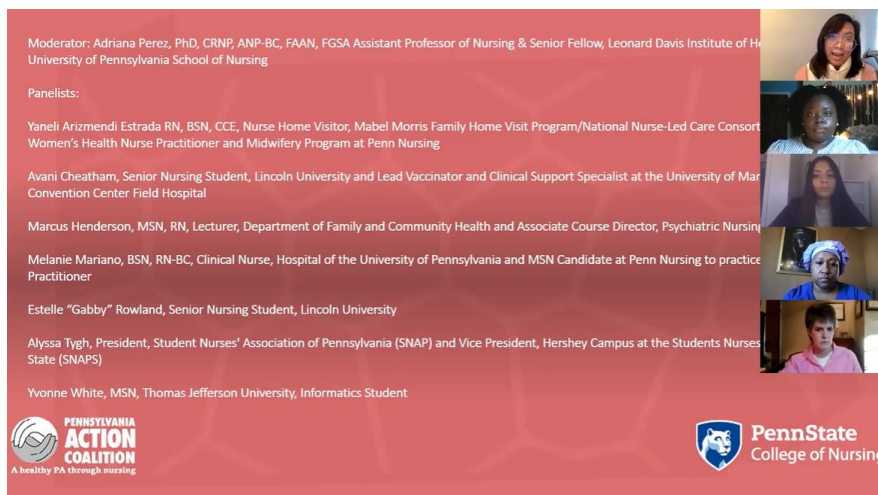
- b. Student leads guided group discussion
3. NBNA Men's Health Committee - Virtual Panel
 - a. Moderated by Lincoln nursing student
 - b. Panelists – Members from NBNA Men's Health Committee
 - c. Foster a rich conversation about working in a predominantly female profession
 - d. Discussing their interpretation of the term "male nurse"
 - e. Navigating a professional nursing career
 - f. Hopes for the future of nursing

Pennsylvania's Healthcare Mosaic Conference: Advocacy and Equity in Action (2021)

PA Action Coalition events are also additional professional development opportunities for students. Our first cohort in 2020 student-mentees had the chance to attend the PA Healthcare Mosaic Conference: Advocacy and Equity in Action. This is a conference organized by our Nurse Diversity Council and gathers health and social service providers to share ideas surrounding diversity and open dialogue about health disparities.

One of our sessions included a Student Engagement Panel that included current nursing students and graduate nurses. They shared their insight on their experience in public health leadership, strategies on how current nursing students can engage in advocacy at their school and their communities, and how they could translate this work as they transition into their professional practices. Two Senior Nursing Students from Lincoln were panelists.

[The full session is available on the PA Action Coalition website](#)



Moderator: Adriana Perez, PhD, CRNP, ANP-BC, FAAN, FGSA Assistant Professor of Nursing & Senior Fellow, Leonard Davis Institute of Health Economics, University of Pennsylvania School of Nursing

Panelists:

Yaneli Arizmendi Estrada RN, BSN, CCE, Nurse Home Visitor, Mabel Morris Family Home Visit Program/National Nurse-Led Care Consortium Women's Health Nurse Practitioner and Midwifery Program at Penn Nursing

Avani Cheatham, Senior Nursing Student, Lincoln University and Lead Vaccinator and Clinical Support Specialist at the University of Maryland Convention Center Field Hospital



Marcus Henderson, MSN, RN, Lecturer, Department of Family and Community Health and Associate Course Director, Psychiatric Nursing

Melanie Mariano, BSN, RN-BC, Clinical Nurse, Hospital of the University of Pennsylvania and MSN Candidate at Penn Nursing to practice Practitioner

Estelle "Gabby" Rowland, Senior Nursing Student, Lincoln University

Alyssa Tygh, President, Student Nurses' Association of Pennsylvania (SNAP) and Vice President, Hershey Campus at the Students Nurses State (SNAPS)

Yvonne White, MSN, Thomas Jefferson University, Informatics Student

National Black Nurses Association, Inc. Membership

SEPABNA is a chapter of the National Black Nurses Association (NBNA) founded by the late Dr. Lucy Yates in 1982 and chartered in 1985.

SEPABNA goals:

- Aims to advocate for and impact policies that will ensure access to quality healthcare for persons of color.
- Define and determine nursing care for the African American consumer
- Serve as the local nursing body to influence legislation that impacts persons of color
- Serve as consultants to nursing facilities and students in clinical and practical aspects of nursing
- Recruit, counsel, and mentorship of nursing students and new-to-practice registered nurses (RN), as well as nurses across academic & professional pipelines
- **PA-ACCEL will cover membership fees**
 - **Students: You must be a NBNA member to attend the opportunities below**
 - [You can download the 2022 NBNA Membership form here](#) - Fill out parts that are highlighted
 - Email the completed membership form to Zaharaa Davood at zadavood@phmc.org

National Black Nurses Day on Capitol Hill 2023

We are supporting student participation in the [National Black Nurses Day on Capitol Hill led by the National Black Nurses' Association, Inc. \(NBNA\)](#). Students have the opportunity to hear from esteemed nurse leaders and policy experts. We will work with the Southeastern Pennsylvania Area Black Nurses Association (SEPABNA) to share with students the focuses of the day and pair them with NBNA members to attend Hill meetings with representatives in Washington D.C. Students have the opportunity to see health policy development in action.

- **When?** February 2, 2023
- This opportunity is **open to all Lincoln University nursing students.**
- **PA-ACCEL will cover the cost of travel to Washington D.C. and hotel accommodations for students interested in attending this event**



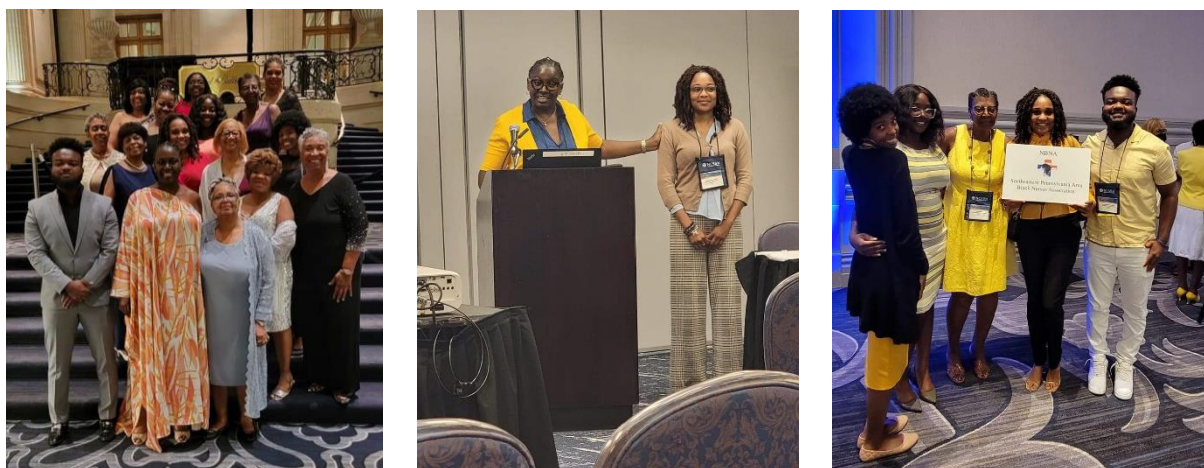
*Pictures from NBNA Day on Capitol Hill (2022)

[PA-ACCEL 2021-2022 cohort was featured in the Campaign for Action blog](#)

Training to Prep for Capitol Hill Day

In preparation for the National Black Nurses Day on Capitol Hill, the PA-ACCEL Program Support Team will host monthly meetings with Student-Mentees leading up to the event. During these meetings the PA-ACCEL Program Support Team will introduce *The Future of Nursing: Campaign for Action's* Health Equity Toolkit and review the policy agenda in advance with the students. This will provide a framework for how the students, mentors, and attendees of the National Black Nurses' Day can think about a specific policy action area that they feel is particularly important or especially resonates with them and follow the recommended guide for how to approach the underlying issue. We hope that this forum allows for rich dialogue and critical conversation going into the Capitol Hill Day where the students feel a connection to at least one of the priority areas and can learn more about how and why the specific policy agenda is advancing health equity in that area.

National Black Nurses Association (NBNA) Annual Conference



**Pictures from NBNA Annual Conference (2022)*

During our 2021-2022 cohort, four students had the opportunity to attend the NBNA Annual Conference in Chicago from July 26 to July 31, 2022. Students were accompanied by Dr. Vilma Davis, Director of Lincoln's Nursing program and Monica Harmon, co-chair of the Nurse Diversity Council.

Monica Harmon was also presenting about the PA-ACCEL Mentorship Program with her student-mentee who had the opportunity to share her experience in the mentorship program. The PA-ACCEL program covered students' flights, hotel accommodations, and meals for the entire conference.

For more information about the NBNA Conference, click [here](#).

****Select students from the 2022-2023 cohort will have the chance to attend NBNA's Annual Conference in 2023. More details to come.***

Additional Benefits for Students

- Graduating Seniors: PA-ACCEL will cover professional nursing and state licensing fees

PA-ACCEL: Mentor-Mentee Toolkit

Juniors (rising seniors): PA-ACCEL will provide a \$150 gift card to Uniform Advantage for students to purchase nursing uniforms and additional tools needed in their transition to professional nursing practice