

# PART THREE

LGBTQIA+ Health Resources

## Health Challenges Faced by LGBT Youth

Wednesday, November 18, 2020 at 2:30 pm ET



**Ryan Thoreson, DPhil, JD**

Researcher in the LGBT Rights Program at Human Rights Watch



# PART THREE

# Disclosures

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- There is no potential conflict of interest or financial interest by the faculty and/ or planners of this activity to be disclosed
- There is no endorsement by the National Nurse-Led Care Consortium, PA Action Coalition, the Bradbury-Sullivan LGBT Community Center, the University of Pittsburgh or ANCC of any commercial products discussed / displayed in conjunction with this educational activity
- The entire session and the participant feedback tool must be completed to earn contact hours

# LGBTQIA+ Health Resources Webinar Series

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- **Part One: Informing Nursing Practice to Deliver Effective Healthcare to Sexual and Gender Minority Populations**
  - Wednesday, September 16, 2020, 2:30 pm ET
  - Perry N. Halkitis, PhD, MS, MPH Dean and Professor of Biostatistics and Urban-Global Public Health, Rutgers School of Public Health
- **Part Two: Providing Affirming Nursing Care for Black LGBTQ Community Members**
  - Wednesday, October 14, 2020, 3:00 pm ET
  - Jonathan Lassiter, PhD, Assistant Professor of Psychology at Rowan University
- **Part Three: Health Challenges Faced by LGBT Youth**
  - Wednesday, November 18, 2020, 2:30 pm ET
  - Ryan Thoreson, DPhil, JD. Researcher in the LGBT Rights Program at Human Rights Watch
- **Part Four: Part Four: Healthcare Consumer Experiences of Women in the LGBTQ+ Community**
  - Wednesday, December 9, 2:30 pm ET
  - Adrian Shanker, editor of Bodies and Barriers: Queer Activists on Health and executive director of Bradbury-Sullivan LGBT Community Center, will moderate a panel discussion of three healthcare consumers focused on the experiences of LGBTQ+ women in healthcare



11/18/2020

# Welcome from the Bradbury-Sullivan LGBT Community Center

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**Adrian Shanker, Executive Director**





# Health Challenges Faced by LGBT Youth

Ryan Thoreson // 11.18.20

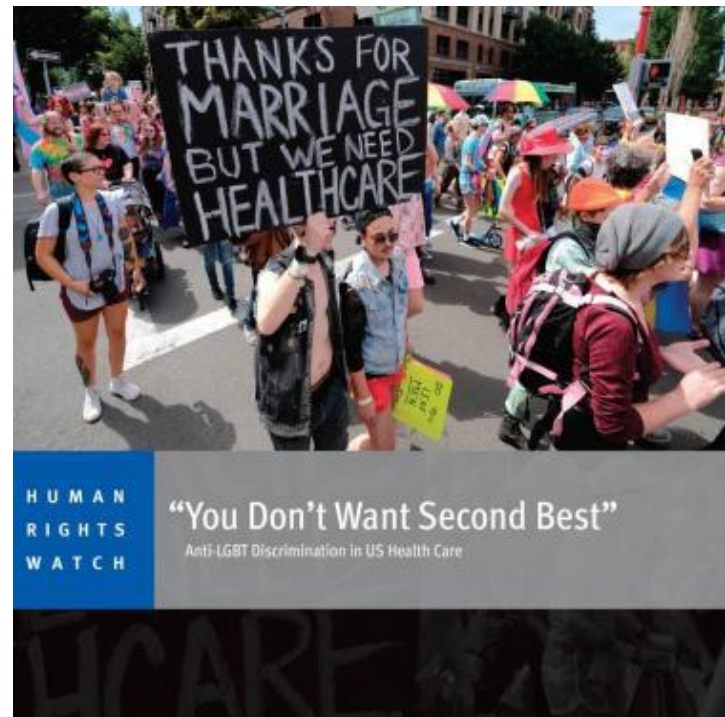
# HUMAN RIGHTS WATCH

## Human Rights Watch

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- founded in 1978 as Helsinki Watch
- 450 area experts, journalists, lawyers, and others working in 100+ countries
- “investigate, expose, change”

# Human Rights at Home





# Outline

1. What are health challenges faced by LGBT youth?
2. Why use a human rights approach?
3. How can we extend support?





# Health Challenges Faced by LGBT Youth

- mental health challenges
  - higher rates of depression, anxiety, substance use, disordered eating, gender dysphoria, and suicide ideation and attempts
- physical health challenges
  - bullying, physical and sexual assault, sexual activity, substance use



# Minority Stress

"I describe minority stress as psychosocial stress derived from minority status. This concept is based on the premise that gay people, like members of other minority groups, are subjected to chronic stress related to their stigmatization."

- Ilan Meyer, "Minority Stress and Mental Health in Gay Men," *Journal of Health and Social Behavior*, vol. 36, no. 1 (1995).

# Youth Risk Behavior Survey (2019)

**TABLE 2. Trends in the prevalence of violence victimization and suicide risk behaviors among high school students, by self-identified sexual identity — Youth Risk Behavior Survey, United States, 2015–2019\***

Health risk behavior	Main effect	2015	2017	2019	Linear trend	
	aOR (95% CI)	% (95% CI)	% (95% CI)	% (95% CI)	Beta	p value <sup>†</sup>
<b>Violence victimization</b>						
Feeling unsafe at school (past 30 days)						
Lesbian, gay, or bisexual	1.98 (1.70–2.30)	12.5 (10.2–15.3)	10.0 (8.1–12.3)	13.5 (11.0–16.5)	0.0619	0.65
Heterosexual	1.0 (Ref.)	4.6 (3.9–5.4)	6.1 (5.1–7.3)	7.5 (6.3–8.9)	0.3749	0.00
Threatened or injured with a weapon at school (past 12 months)						
Lesbian, gay, or bisexual	2.09 (1.80–2.43)	10.0 (7.9–12.7)	9.4 (7.4–11.8)	11.9 (9.3–15.2)	0.2463	0.12
Heterosexual	1.0 (Ref.)	5.1 (4.5–5.9)	5.4 (4.8–6.0)	6.3 (5.5–7.3)	0.1629	0.02
Bullied at school (past 12 months)						
Lesbian, gay, or bisexual	2.10 (1.87–2.37)	34.2 (29.6–39.0)	33.0 (27.4–39.0)	32.0 (29.5–34.6)	–0.0847	0.28
Heterosexual	1.0 (Ref.)	18.8 (17.3–20.3)	17.1 (16.1–18.2)	17.1 (15.7–18.7)	–0.0800	0.10
Electronically bullied (past 12 months)						
Lesbian, gay, or bisexual	1.94 (1.72–2.20)	28.0 (24.0–32.3)	27.1 (23.1–31.4)	26.6 (23.3–30.2)	–0.0775	0.43
Heterosexual	1.0 (Ref.)	14.2 (13.1–15.3)	13.3 (12.4–14.4)	14.1 (12.9–15.4)	–0.0047	0.92
Physical dating violence (past 12 months)						
Lesbian, gay, or bisexual	2.06 (1.77–2.40)	17.5 (14.4–21.2)	17.2 (14.3–20.5)	13.1 (10.5–16.1)	–0.2264	0.04
Heterosexual	1.0 (Ref.)	8.3 (7.5–9.3)	6.4 (5.8–7.1)	7.2 (6.2–8.3)	–0.1448	0.047
Sexual dating violence (past 12 months)						
Lesbian, gay, or bisexual	2.08 (1.69–2.57)	22.7 (18.0–28.2)	15.8 (12.3–20.1)	16.4 (12.7–20.9)	–0.2420	0.15
Heterosexual	1.0 (Ref.)	9.1 (8.2–10.0)	5.5 (4.8–6.3)	6.7 (5.9–7.5)	–0.2785	<0.001
Forced sexual intercourse (lifetime)						
Lesbian, gay, or bisexual	3.31 (2.90–3.77)	17.8 (14.4–21.8)	21.9 (19.0–25.0)	19.4 (16.2–23.1)	0.0650	0.59
Heterosexual	1.0 (Ref.)	5.4 (4.6–6.4)	5.4 (4.7–6.2)	5.5 (4.9–6.2)	0.0200	0.82

# Youth Risk Behavior Survey (2019)

## Suicide risk behaviors

### Persistent feelings of sadness or hopelessness (past 12 months)

Lesbian, gay, or bisexual	3.60 (3.22–4.03)	60.4 (55.1–65.4)	63.0 (59.5–66.5)	66.3 (62.2–70.2)	0.1566	0.13
Heterosexual	1.0 (Ref.)	26.4 (24.6–28.4)	27.5 (25.9–29.2)	32.2 (30.8–33.7)	0.1949	0.00

### Seriously considered attempting suicide (past 12 months)

Lesbian, gay, or bisexual	4.51 (4.07–4.99)	42.8 (38.4–47.3)	47.7 (43.7–51.8)	46.8 (43.1–50.6)	0.0936	0.26
Heterosexual	1.0 (Ref.)	14.8 (13.7–15.9)	13.3 (12.5–14.3)	14.5 (13.4–15.7)	-0.0242	0.62

### Made a suicide plan (past 12 months)

Lesbian, gay, or bisexual	4.28 (3.84–4.77)	38.2 (34.0–42.6)	38.0 (34.5–41.7)	40.2 (36.6–44.0)	0.0646	0.45
Heterosexual	1.0 (Ref.)	11.9 (10.8–13.1)	10.4 (9.3–11.7)	12.1 (11.1–13.1)	0.0031	0.96

### Attempted suicide (past 12 months)

Lesbian, gay, or bisexual	4.54 (3.89–5.28)	29.4 (25.7–33.3)	23.0 (18.6–28.0)	23.4 (20.0–27.1)	-0.1901	0.06
Heterosexual	1.0 (Ref.)	6.4 (5.6–7.3)	5.4 (4.6–6.4)	6.4 (5.6–7.4)	-0.0148	0.85

### Suicide attempt requiring medical treatment (past 12 months)

Lesbian, gay, or bisexual	3.78 (3.02–4.73)	9.4 (7.3–12.1)	7.5 (5.7–9.8)	6.3 (4.8–8.3)	-0.2852	0.07
Heterosexual	1.0 (Ref.)	2.0 (1.5–2.7)	1.7 (1.4–2.1)	1.7 (1.4–2.2)	-0.1197	0.40



# Human Rights Approaches

- LGBT youth have the right to health, which is a human right recognized in international law.
- LGBT youth also have other human rights that affect their health and well-being - to education, to housing, to information, to association, etc.



# GLSEN School Climate Survey (2019)

- 59.1% of LGBTQ students felt unsafe at school because of their sexual orientation, and 42.5% because of their gender expression
- 32.7% missed at least one day of school in the past month because they felt unsafe or uncomfortable
- 77.6% avoided school functions because they felt unsafe or uncomfortable, and 71.8% avoided extracurricular activities
- 45.2% of LGBTQ students avoided bathrooms and 43.7% avoided locker rooms



# Providing Support

- through professional development
- through affirming language, gestures, and actions
- through engagement with parents and guardians
- through public education and contributions to civic debates

## QUESTIONS...

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- Part Three: Health Challenges Faced by LGBT Youth
- Ryan Thoreson, DPhil, JD. Researcher in the LGBT Rights Program at Human Rights Watch

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# PART FOUR



## LGBTQIA+ Health Resources

### Healthcare Consumer Experiences of Women in the LGBTQ+ Community

Wednesday, December 09, 2020 at 2:30 pm ET



**BRADBURY-SULLIVAN**  
LGBT COMMUNITY CENTER

*Serving the LGBT Community  
of the Greater Lehigh Valley*

# PART FOUR

11/18/2020


# Pennsylvania's Healthcare Mosaic Conference


A graphic for a virtual conference with a red background and white text. The text is arranged in a central block with 'VIRTU' written vertically on both sides.

**ADVOCACY & EQUITY  
IN ACTION**

Pennsylvania's Healthcare Mosaic Conference  
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A healthy PA through nursing

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**Registration is open!**



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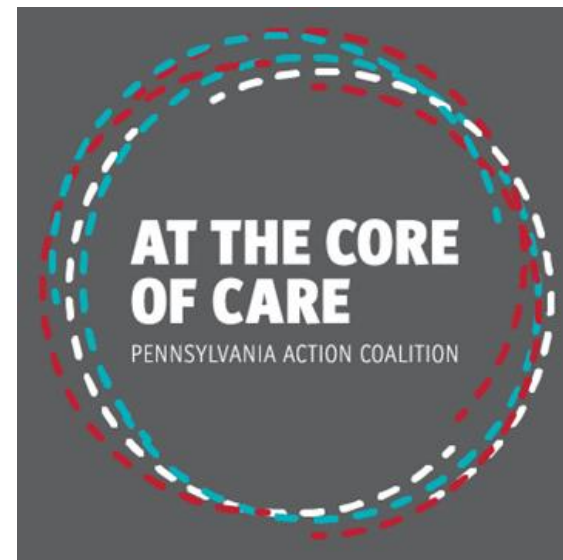
## *At the Core of Care Podcast*

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# THANK YOU!

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