



Escape the Unit: Breaking free From Common Quality Pitfalls

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UPMC Mercy

The Challenge

- A Graduate Nurse Program consisting of one 8-hour day filled with power points and speakers
- Lackluster participation
- Indifference from graduate nurses
- Mediocre feedback
- Lack of Nurse Manager/Leadership engagement

My Professional Background

- New to the Department of Nursing Education
- Previously an Adjunct Clinical Instructor
- Professional Staff Nurse
 - Charge Nurse
 - Preceptor
- Respiratory Therapist

Needs Assessment

What we lacked:

- Engaged learners
- Classroom participation
- Dynamic and interactive presentations
- Improved critical thinking skills
- Approval and prioritization from Nursing Managers/Leadership

Findings

- Deep dives with new nurses and current nursing leadership found multiple areas of opportunities:
 - Medication Safety (Needle sticks, narcotic wasting, medication errors, etc.)
 - Identifying patient safety risks (Suicide, falls, DVT, etc.)
 - Improved communication
 - Skin assessment
 - Listening to staff concerns

Where to Begin

- Searched the internet for new ideas
 - Used gaming as a review Kahoot; Jeopardy
- Attended the annual Vizient Conference
 - Thank you to the University of Kansas Health System for the idea!
 - Took it one step further

Escape the Unit

- Multiple needs had to be addressed:
 - Learning opportunities
 - Equipment
 - Space
 - Time
 - Flow

Purpose

- What was our objective?
 - Innovation
 - Hands on activity
 - Multiple topics to cover
 - Keeping the nurse residents engaged

Space

- We lucked out!
 - Remodeling of a unit
 - Multiple rooms available
 - Limited time to use the space

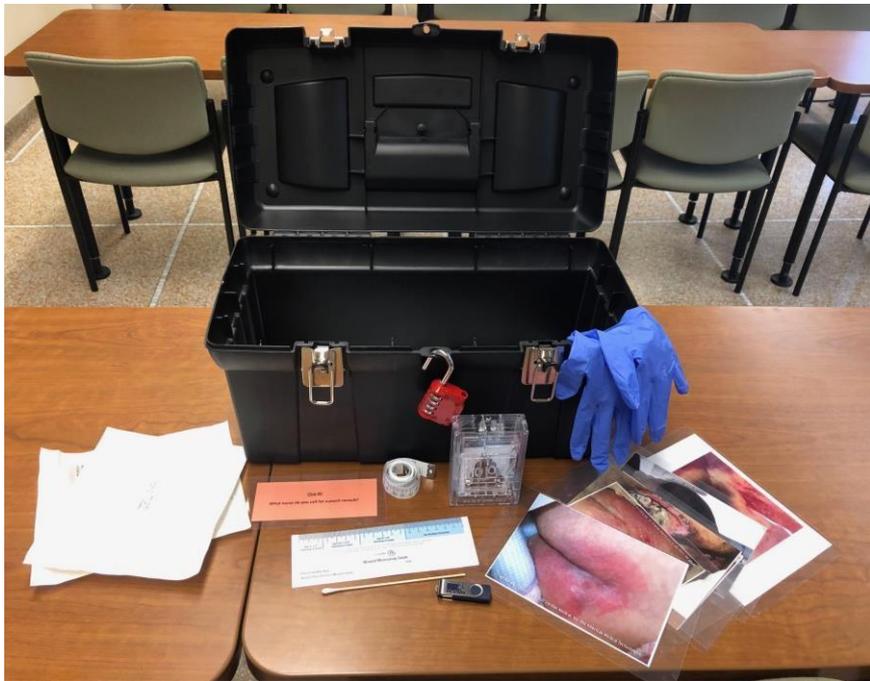
Flow

- How do we keep things moving?
 - Timing
 - Enlisted the help of a co-workers clinical group
 - Facilitators did a walk through

Our Tools

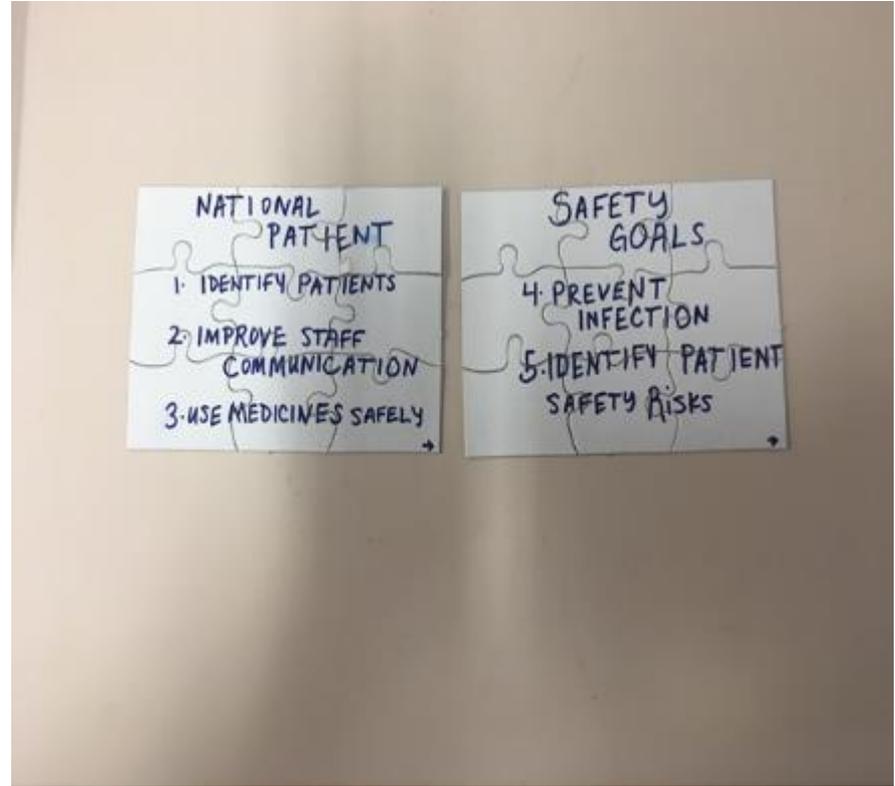
- Jigsaw Puzzles
- Tackle boxes
- Combination locks
- Clues
- Flash drive
- Various nursing supplies

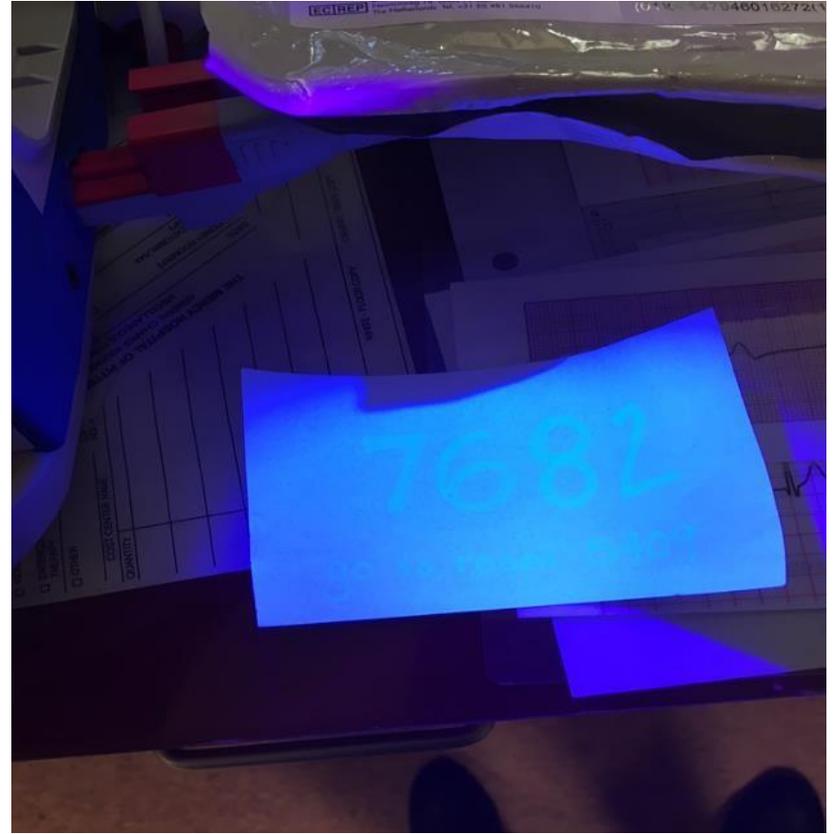
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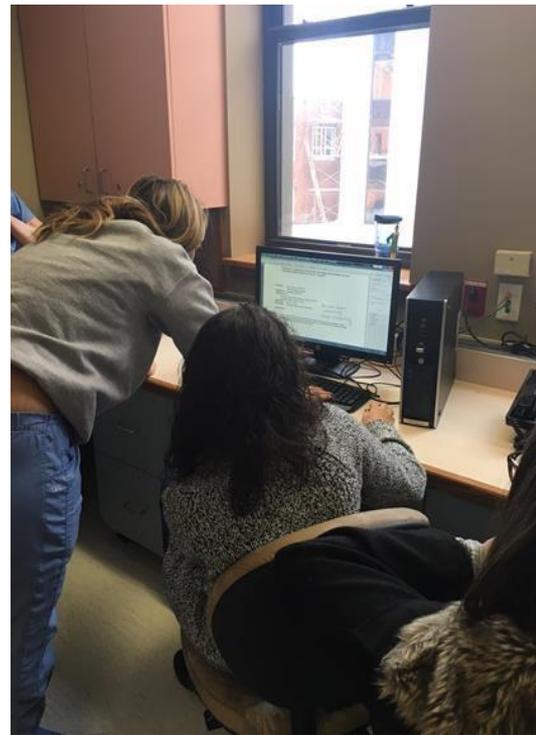
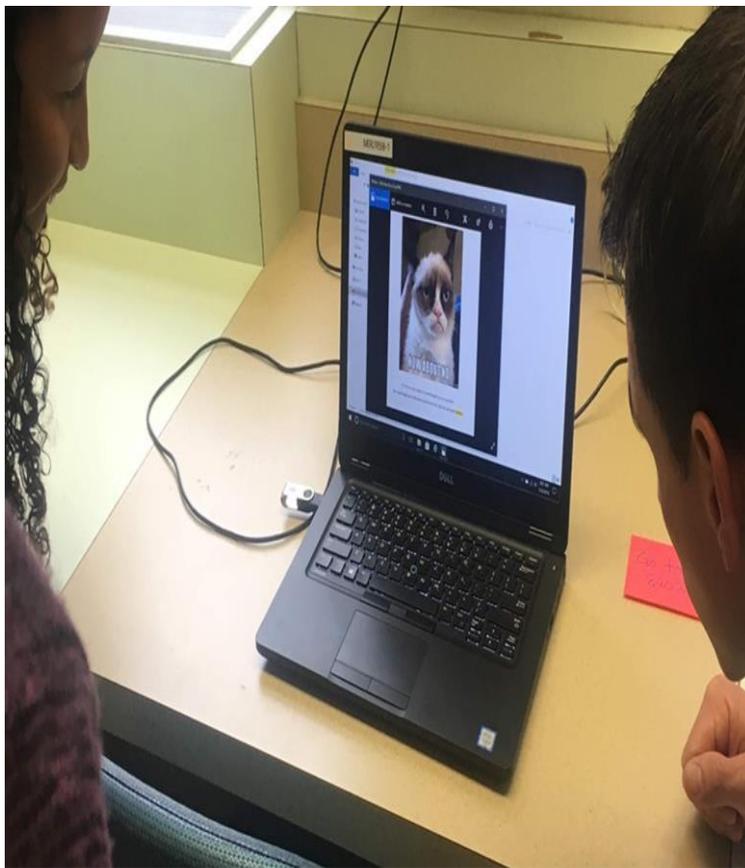


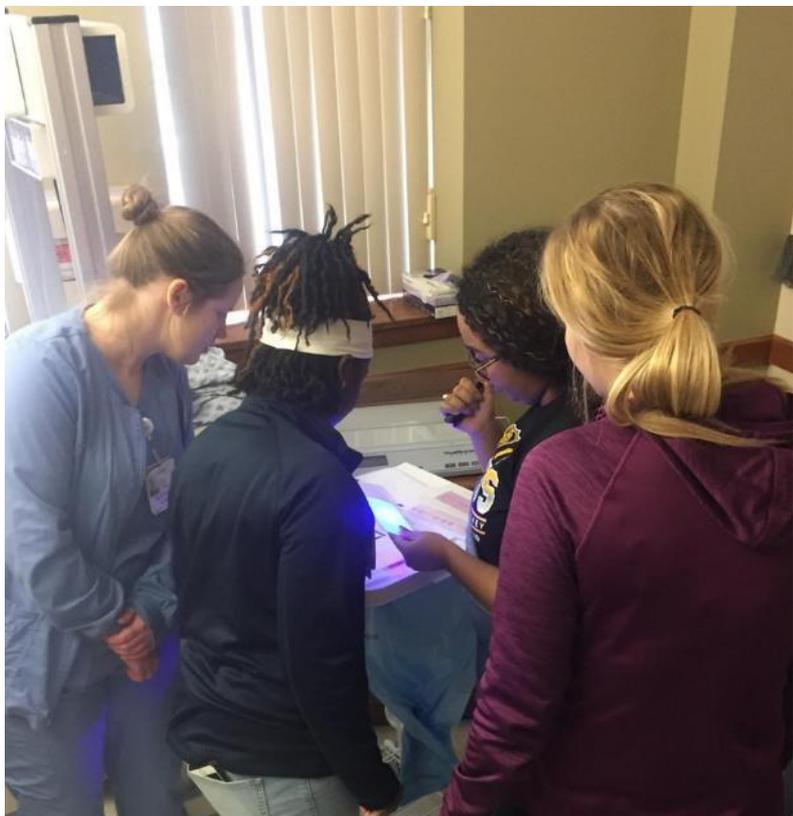


Can they escape in time?













NOTES		Today's Date		UPMC Mercy	
1. How often do we document restraints?			Code: _____		
2. How many fingers between the patient & the restraint?			Room Number 5422-1		Phone Number 412 485-4880
3. How often do you document restraints on a violent patient?			Nurse _____		Physician _____
			Nursing Assistant _____		
			Today's Goal _____		
		Pain Management is OUR Goal!		Last Pain Med Given _____	
			0 1 2 3 4 5 6 7 8 9 10	Next Pain Med Available _____	
Discharge Plan					
To the Doctor and Nurse:		<input type="checkbox"/> If This Box is Checked, This Patient is a Limited English Proficiency Patient Who Speaks Only _____			
<small>Please print name of the language: _____</small>					
<small>* Check only with caregiver & family. Do not check without or against patient's wishes. Do not use unless checked or identified.</small>					



We made it!

Results

Pre-Activity Questionnaire

1. Please rate your knowledge of the National Patient Safety Goals on the scale below:

1 2 3 4

2. Do you know how many National Patient Safety Goals there for 2018?

Yes No If yes, how many are there? _____

3. Check off 3 NPSG's?

- Prevent Infection
- Patient Education
- Identify Patients Correctly
- Use Medications Safely
- Identify Health Literacy Issues
- Identify Patient Safety Risks

4. Check all that apply.

We have NPSG's:

- To prevent medical errors
- To prevent personal injury
- Because it's a UPMC policy
- To prevent medication mix ups
- Because it's needed for accreditation

Post-Activity Questionnaire

1. Please rate your knowledge of the National Patient Safety Goals on the scale below:

1 2 3 4

2. Did this activity session introduce you to at least one National Patient Safety Goal that you were not aware of before today?

Yes No

3. Can you list the National Patient Safety Goals for 2018?

4. Check all that apply:

We have NPSG's:

- to prevent medical errors
- to prevent miscommunication among caregivers
- to prevent medication mix-ups
- it's a requirement for accredited organizations

5. Did you find this to be a useful learning activity?

Yes No

Please leave a comment below:

Lessons Learned

- Planning takes time
- Amount of time to complete activity
- Facilitators
 - Help with flow
 - Debrief
 - Reset the unit

Questions

